

# Maudsley Parents Newsletter



maudsleyparents.org  
a site for parents of eating disordered children

WINTER 2008

We have some great additions to the website, including a new video on treatment research for adolescent eating disorders. The site has been reorganized and includes a new search feature. As always, we'd love to hear from you. Write us at [contact@maudsleyparents.org](mailto:contact@maudsleyparents.org).

## Maudsley Parents welcomes Angela Celio Doyle, PhD as Clinical Advisor



We're delighted to welcome Angela Celio Doyle, PhD as Clinical Advisor to Maudsley Parents. Dr. Celio Doyle is an Instructor of Psychiatry and the Eating Disorders Program Coordinator at the University of Chicago. A longtime contributor to the Maudsley Parents website, Dr. Celio Doyle explains Family-Based Treatment for anorexia nervosa in our [video](#). Her [Maudsley Misconceptions](#) interview addresses some common misunderstandings about Family-Based Treatment. She also co-authored a helpful guide for parents [Navigating the Search for True Maudsley Treatment](#) for Maudsley Parents. Read more about Dr. Celio Doyle [here](#).

## Eating Disorder Research: Information for Families

We have a terrific [new video](#) on the site. Dr. Daniel le Grange talks about research on treatment for adolescent eating disorders. The half-hour video will be available on the NEDA, AED and EDC websites as well as Maudsley Parents. This video is part of the *Eating Disorder Research: Information for Families* series, which also includes videos from Walter Kaye, MD and Cynthia Bulik, PhD.

## New on the Website

- We've added a [search feature](#) to the website to help you find information. Please feel free to write us if you still can't find what you need, and we'll do our best to help.
- We've collected our short films on a new [Video](#) page. Here you can find films on Family-Based Treatment for anorexia and bulimia, along with research videos and links for further reading.
- Information has been reorganized on our new [Learn More](#) and [About Us](#) pages.

## Research Opportunities



**The Mount Sinai Eating and Weight Disorders Program** is offering study treatment as part of a federally funded study (Principal Investigator: Katharine Loeb, PhD) for children and adolescents with symptoms of anorexia nervosa. If your child is 10-17 years old, is medically stable, and is developing signs and symptoms of an eating disorder, s/he may be eligible to participate. The study is approved by the Mount Sinai School of Medicine Institutional Board (Protocol 04-0978, approved through 8/31/09). For more information, please contact Lauren Alfano at 212-659-8724.

**The University of Chicago** seeks adolescents with bulimia nervosa and their families for participation in a 6-month outpatient treatment research study. (Principal Investigator: Daniel le Grange, PhD) The purpose of this research study is to identify effective outpatient psychological treatments for adolescents with bulimia nervosa.

To be eligible:

- Age 12-18
- Adolescents living with at least one parent
- Diagnosis of bulimia nervosa or partial bulimia nervosa

All participating families will engage in 6 months of outpatient therapy for bulimia nervosa at the University of Chicago Hospitals. These treatments have the potential to bring about improvement in eating disorder symptoms. For more information, please call the bulimia nervosa treatment study at (773) 834-5677, email [bulimia@yoda.bsd.uchicago.edu](mailto:bulimia@yoda.bsd.uchicago.edu), or visit the [Treatment of Bulimic Adolescents Study](#) webpage.

**The Johns Hopkins Eating Disorders Program** is seeking women 18-40 years old with bulimia nervosa interested in a research study funded by the Klarman Family Foundation. (Principal Investigator: Angela Guarda, MD) The study includes a health assessment, blood testing, and pictures of the brain taken using a medical scanner. Eligible women will be paid up to \$400 for their participation and will be offered 6 weeks of outpatient treatment. Please call (410) 955-3863 for more information.

Please feel free to forward this newsletter to other interested parents and invite them to join our mailing list at [contact@maudsleyparents.org](mailto:contact@maudsleyparents.org). We respect your privacy and contact information will not be shared.