

Maudsley Parents Newsletter



maudsleyparents.org
family-based treatment for eating disorders

OCTOBER 2011

What's new at Maudsley Parents? Advice from our eating disorder expert, upcoming events and more! As always, we'd love to hear from you. Write us at contact@maudsleyparents.org.

October 20th in Chicago: Let's Talk!

An informal evening for parents with Harriet Brown and Dr. Daniel Le Grange

October 20, 2011, 7 - 9 pm
The Quadrangle Club
1155 East 57th Street
Chicago, IL 60637



Please join us for coffee and conversation with Daniel Le Grange, PhD, director of the University of Chicago Eating Disorders Program, and Harriet Brown, author of *Brave Girl Eating*. This event is FREE and open to the public, but space is limited. Please RSVP to reserve your place at RSVP@maudsleyparents.org or call Leah Boepple at 773-702-0789. More information [here](#). Hope to see you there!

Ask an Expert

In our "Ask an Expert" column, we turn to leading eating disorder experts for answers. This month, Scott Bullock, MSW, LISW-S, answers reader questions:

How do we know when do we know our daughter can stop gaining weight?

Our daughter just started treatment. Is it okay to initially concentrate on stabilizing her weight or does she need to gain?

Do you have recommendations for summer camp readiness?

Find his advice for parents [here](#).



Scott Bullock is therapist at the Lindner Center of Hope. He has more than 17 years of experience in the treatment of adolescents and adults and is undergoing certification in family-based treatment. Read more about him [here](#).

Near Cincinnati? Check out the Lindner Center's new Evening with an Eating Disorder Expert lecture series [here](#).

Eating for Life Alliance

Website of the month: Check out the Eating for Life Alliance! Their mission: To ensure colleges have access to educational resources for the prevention and treatment of eating disorders. Great information on evidence-based treatment, FBT, and more!

Save the Date: February 17th Pearl River, New York.

Please join us for our fourth conference. As always, it will be a low-cost, one-day, volunteer-run event with outstanding speakers from the eating disorder field. Stay tuned for details!

NEW YORK ONE-DAY CONFERENCE ON eating disorders in children and adolescents



Debra Katzman, MD



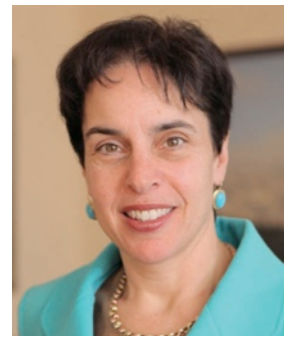
Daniel Le Grange, PhD



Rebecka Peebles, MD



Katharine Loeb, PhD



Evelyn Attia, MD

NEDA NEWS

NEDA Conference The National Eating Disorder Association annual conference will be held October 13 - 15 in Los Angeles, CA. Check out the [NEDA website](#) for details. If you attend, stop by the "Take One" table and pick up some Maudsley Parents info!

Our NEDAW Video We participated in National Eating Disorders Awareness Week way back in February but our optimistic [video message](#) is worth viewing all year long. Have two minutes? Watch a message for families from NEDA CEO Lynn Grefe, Director of NIMH Dr. Thomas Insel, Author Harriet Brown, UCSD's Dr. Walter Kaye, Mount Sinai's Katharine Loeb, PhD and A Voice in Recovery's Kendra Sebelius [here](#).

San Diego Conference Follow-up

We had a full house of parents and clinicians for January San Diego conference. Presentation slides are linked below. Many thanks to our wonderful speakers and attendees!

"As a parent, I found the speakers to be informative, and more importantly, encouraging. They were also easy to understand. I am appreciative of all the research and work that these individuals are doing towards improving treatment."

Walter Kaye, MD

[Is Anorexia Nervosa an Eating Disorder? New Insights into Puzzling Symptoms](#)

Daniel Le Grange, PhD

[Family-Based Treatment for Adolescent Eating Disorders: The Maudsley Approach](#)

Renee Hoste, PhD and Daniel Le Grange, PhD

[Family-Based Treatment: Innovations and New Directions](#)

Roxanne Rockwell, MA

[Families Helping Families Fight the Beast](#)